



## CONTACT

- ✉ malinda@springhaven.us
- ☎ 330-359-6100, ask for Lois
- 📍 Columbus, OH
- 🌐 springhaven.us

## LOCATIONS:

### Columbus Offices | 330.359.6100

To schedule, call Lois. On the call menu, choose option 3.

- **New Hope Church** (next to Columbus Zoo)  
4739 W Powell Rd,  
Powell, OH 43065
- **Coffee Underground** (at The Indianola Church near OSU)  
2141 Indianola Ave,  
Columbus, OH 43201



SpringHaven  
Counseling Center

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# MALINDA EBERLY-PHILLIPS

## Licensed Social Work - Therapist

Malinda has a Master's Degree in Social Work from Fordham University. She has experience working with adults, teens, group therapy, and Plain Communities. She has specialized in trauma research and mental health for religious and underserved inner-city communities, as well as, individuals facing church hurt. She works with a range of concerns for ages 18+ including depression, anxiety, personality, and PTSD.

### Types of Treatment Provided

- Cognitive Behavioral Therapy (CBT)
- Trauma Focused Cognitive Behavioral Therapy (TF-CBT)
- Eye Movement Desensitization Reprocessing (EMDR)
- Solution Focused Therapy
- Motivational Interviewing
- Person-Centered Therapy
- Relaxation Therapy

### Special Interests

- Anxiety
- Depression
- Parenting
- Communication Issues
- Mood Disorders
- Self-esteem Issues
- Inner Healing/Core Wounds
- Post-Traumatic Stress Disorder (PTSD)
- Attention Deficit Hyperactivity Disorder (ADHD)
- Church Hurt
- Abuse & Trauma
- Relationship Issues
- Grief/Loss
- Panic Attacks
- Adjustment Issues